

## Konrad Michel, M.D.

### Publications

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### **Reviews, etc.**

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Michel K: „Narratives of Existential Crises“. Lecture, „Narrative, Self-understanding And The Regulation of Emotion in Psychiatric Disorder“. London Institute of Philosophy 12, 13 October 2012, London, UK.

Michel K & Gysin-Maillart A: ASSIP – Attempted Suicide Short Intervention Program. Theoretical background and introduction to the four-session Intervention. The XXVII World Congress of The International Association for Suicide Prevention, Sept. 24-28, 2013, Oslo, Norway, Book of Abstracts, pp 166-167.

Michel K & Gysin-Maillart A, Soravia L: ASSIP – Attempted Suicide Short Intervention Program. Preliminary Results of One-Year Follow-up. The XXVII World Congress of The International Association for Suicide Prevention, Sept. 24-28, 2013, Oslo, Norway, Book of Abstracts, pp 167-168.

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Brüderl J, Berger T, Gysin-Maillart A, Michel K, Schmutz I, Caspar F. Beyond Symptoms: Typical Plans and Motives of Suicide Attempters Compared to Non-Suicidal Depressive Individuals. The XXVII World Congress of The International Association for Suicide Prevention, Sept. 24-28, 2013, Oslo, Norway, Book of Abstracts, p. 316.

Michel K: Aeschi Principles Put into Practice. Aeschi 8: Bearing the Struggle: Exploring the Challenges Facing Clinicians Working with Suicidal Patients, Vail, Colorado, USA, June 11-13, 2015.

Gysin-Maillart A, Michel K: ASSIP: An Effective Brief Therapy for Patients Who Attempt Suicide – But What Makes It Effective? Workshop, Aeschi 8: Bearing the Struggle: Exploring the Challenges Facing Clinicians Working with Suicidal Patients, Vail, Colorado, USA, June 11-13, 2015.

Michel K, Gysin-Maillart A, Soravia L: ASSIP - Attempted Suicide Short Intervention Program. Results of a 24 Months Follow-up RCT / [Programme court d'intervention après une tentative de suicide. Résultats d'un essai clinique randomisé avec suivi sur 24 mois], Oral Presentation, Symposium Psychosocial Treatment for People at Risk of Suicide / [Traitement psychosocial pour les personnes à risque de se suicider]. 28th World Congress of the International Association for Suicide Prevention (IASP), Montreal, June 16-20, 2015.

Michel K, Gysin-Maillart A.: Preconference Workshop: ASSIP - Attempted Suicide Short Intervention Program. Theory, Practice, and 24 Months Follow-up RCT. 28th World Congress of the International Association for Suicide Prevention (IASP), Montreal, June 15, 2015.

Michel K: The Narrative Interview with the Suicidal Patient. Oral presentation, Symposium: Empathic Responses to Suicidal Individuals. 28th World Congress of the International Association for Suicide Prevention (IASP), Montreal, June 16-20, 2015.



### **Selected workshops and lectures**

- Maillart A, Michel K: Kurzinterventionsprogramm für Patienten nach Suizidversuch, ASSIP (ASSIP: Attempted Suicide Short Intervention Programm). Nationaler Suizidkongress, 18. & 19. März 2010, Zürich
- Michel K: Verhilft uns die Neurobiologie zu einem besseren Verständnis des Suizids? Nationaler Suizidkongress, 18. & 19. März 2010, Zürich
- Michel K, Holmes J: Cornelia F. in search of a secure base: A case discussion in terms of attachment theory. 20th IFP World Congress of Psychotherapy, 18. Juni 2010, Luzern
- Michel K: Follow-up of Suicide Attempters: The Role of the Therapeutic Alliance, Workshop, 6. September 2010, The University of Hong Kong, China
- Michel K, Malafosse A: Genetic and Neurobiological Aspects, 6<sup>th</sup> Aeschi Conference, March 20-23, 2011, Aeschi, Switzerland.
- Michel K: "Clinical Suicide Prevention: how to establish a therapeutic alliance with the suicidal patient". Pre-conference workshop, 13.9.2011, XXVI IASP World Congress, Peking, China.
- Michel K: „Understanding Suicide in the Context of Goal-directed Action Systems“. Plenarvortrag, 17.9.2011, XXVI IASP World Congress, Peking, China.
- Michel K: "The Neurobiology of Suicide and Implications for Therapy“, Plenarvortrag, VII Congresso Nacional de Psiquiatria, Coimbra, Portugal, 24.-26 November 2011.
- Michel K: „Die therapeutische Beziehung ist aus der Mode gekommen – oder etwa doch nicht?“ 16. Tagung „Nahtstellen zwischen Psychiatrie und Hausarztmedizin“ - Fortbildung für Hausärztinnen und Hausärzte, Psychiaterinnen und Psychiater. Bern, 2. Februar 2012.
- Michel K: „Depression and Antidepressant Treatment“. Lecture tour in China; Tianjin 17. Sept. 2012, Wuhan 19. Sept 2012, Zhengzhou 22. Sept 2012.
- Michel K: „Die therapeutische Beziehung: Schnee von gestern - oder etwa doch nicht?“ 38. Zentralschweizerisches Symposium für Innere Medizin, Luzern, 30. Juni 2012.
- Michel K: „Das Konzept der sicheren Basis: Bindungstheorie und Mentalisation“. Psychotherapie Curriculum UPD Bern, Oktober 2012, 2013.
- Michel K & Gysin-Maillart A: „ASSIP - Attempted Suicide Short Intervention“. Workshop, 27. November 2012, Biomedicum, Helsinki, Finland.
- Michel K: Einschätzung der Suizidalität und Kurzintervention nach Suizidversuch mit anschliessendem Kontakt über 2 Jahre. Workshop, Psychiatrisches Zentrum Herisau, 29.8.2013.
- Michel K: Workshop: Klinische Suizidprävention: Wie bringen wir evidenzbasierte und erfahrungsbasierte Kenntnisse zusammen? 5. Fachtagung, Integrierte Psychiatrie im Diskurs, Winterthur, 17. März 2016.

Michel K: Referat: Suizid ist weder eine Krankheit noch Ausdruck des freien Willens – aber was ist es? 5. Fachtagung, Integrierte Psychiatrie im Diskurs, Winterthur, 17. März 2016

### **Symposia, conferences**

Organisator eines Workshops: After suicide: Who counsels the care giver? K. Michel, G. Fleming, C. Rosenbauer, V. Scott, Y. Takahashi, XIX Congress of the International Association for Suicide Prevention; Adelaide, Australia, March 1997.

Organisator der internationalen Tagung “WHO/EURO Multicentre Study on Parasuicide - Technical Meeting”, Bern, August 1997.

Organisator eines internationalen Expertentreffen “Suicide as goal-directed behaviour”, Aeschi, 17.-19.2.2000

Organisator von zweijährlichen Internationalen Tagungen zum Thema „Understanding and interviewing the suicidal patient“, <http://www.aeschiconference.unibe.ch>

1<sup>st</sup> Aeschi Conference Februar 2000

2<sup>nd</sup> Aeschi Conference März 2002

3<sup>rd</sup> Aeschi Conference März 2004

4<sup>th</sup> Aeschi Conference März 2006

5<sup>th</sup> Aeschi Conference März 2009

6<sup>th</sup> Aeschi Conference März 2011

Organisator des 1. Berner Jahressymposiums für Psychiater und Psychotherapeuten „PSYCHE UND GEHIRN“, Juni 2005, Juni 2005.

Organisator des 2. Berner Jahressymposiums für Psychiater und Psychotherapeuten „PSYCHE UND GEHIRN“, Juni 2006

Organisator des 3. Berner Jahressymposiums für Psychiater und Psychotherapeuten „PSYCHE UND GEHIRN“, Juni 2007

Organisator des 4. Berner Jahressymposiums für Psychiater und Psychotherapeuten „PSYCHE UND GEHIRN“, Juni 2008

Organisator des 5. Berner Jahressymposiums für Psychiater und Psychotherapeuten „PSYCHE UND GEHIRN“, Juni 2009

Organisator des 6. Berner Jahressymposiums für Psychiater und Psychotherapeuten „PSYCHE UND GEHIRN“, Juni 2010, Luzern

Organisator des 6. Berner Jahressymposiums für Psychiater und Psychotherapeuten „PSYCHE UND GEHIRN“, Juni 2011, Bern

Organisator des 1. Symposiums „Psychopharmaka, Schwangerschaft und Stillen“, 30. Aug. 2007, Bern.

Organisator des 2. Symposiums „Psychopharmaka, Schwangerschaft und Stillen“, 16. Sept. 2010, Bern.

### **Selected public work**

Interview „Sternstunde Philosophie“, Schweizer Fernsehen SF1 und 3Sat, Juni 2003.

Michel K, Gysin-Maillart A: SRF 1, 06.06.2015, 18:13 Uhr: Genug vom Leben

Gesundheit-heute. Forscher der Universitätsklinik Bern haben herausgefunden, was sich im Gehirn von suizidgefährdeten Menschen abspielt. Sie konnten nachweisen, dass Suizid, neurologisch betrachtet, ein Fehlentscheid ist...

K. Michel, March. 2016